My Visit to the Dentist
Social Story

Instructions: Read the social story with your child to learn the routine. Your child may also read the story independently.

Today I am going to the dentist. My family and I will walk to a large brick building.

The dentist helps keep my teeth clean and healthy.

I will check in at the front desk.

I will have a seat in the waiting room. There are toys there for me to play with.

When my name is called I will walk through a door and down a long hallway to see the dentist.

I will walk by rows of big chairs. One of them will be mine to sit in.
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I will sit in a big chair. It will move and lean back. I have to sit still so the dentist can look at my teeth.

My dentist will say Hi to me and ask me to sit down in the chair.

My dentist has to wear a mask, gloves, glasses and a special coat to get ready to look at my teeth.

The dentist will check my teeth with special instruments.

I will open my mouth wide for the dentist to see.

I did a great job at the dentist, and now it is time to leave!